



John Beede's Intro for Show Hosts

(pronounced, BEE-DEE)

My guest today is John Beede. John has climbed to the top of the tallest mountain on every continent, including Mount Everest. More people have orbited in space than have climbed the tallest mountain on every continent.

During the 9 year adventure, he somehow survived avalanches, pulmonary edema, tribal warfare, and a whole lot of Clif bars.

He's a worldwide adventurer who has traveled to 67 countries, written 3 books, and given live presentations to nearly 1 million live audience members.

He's the author of 3 books, the newest is called *The Warrior Challenge: 8 Quests for Boys to Grow Up with Kindness, Courage, and Grit*.

John, welcome to the show!

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